



# SHARE OUR SELVES NEWS

Winter 2012  
www.shareourselves.org

## SOS Cares: Pharmacy Department Committed to Improving Patient Care

Exciting things are happening in the Pharmacy Department. The findings from To Err is Human, “. . .for every dollar spent on ambulatory medications, another dollar is spent to treat new health problems caused by the medication,” gave us a sense of urgency to reshape how pharmacy care is delivered. We have taken this call to action seriously, focusing locally and becoming involved nationally.

SOS is one of 165 teams from 50 states, including Washington DC and Puerto Rico, to join the national collaborative, Patient Safety and Clinical Pharmacy Services (PSPC). This collaborative is sponsored and funded by HRSA, an agency of the Department of Health and Human Resources. Our team of Pharmacist, Physician, Executive Director, Pharmacy Technician, and Medical Assistant has been in action for two and a half years, providing a range of clinical pharmacy services to our patients with the goal of optimizing therapeutic outcomes and detecting and preventing costly medication related problems. We have seamlessly integrated seven of the ten nationally recognized Clinical Pharmacy Services into the care of our patients. Our improvements have been recognized with national awards for health literacy, immunizations, health outcomes, medication safety, poster presentations and we have been asked to speak in Dallas, San Francisco, San Diego, and broadcasts from the FDA Studies in Washington DC.



*The SOS Pharmacy Team*

We are also committed to modeling a passion for the underserved and the pharmacy profession in general. The Clinic is an Ambulatory Care teaching site for 4th year pharmacy students from the University of Southern California (USC) and Loma Linda Schools of Pharmacy. Additionally, Pharmacists and UCI students volunteer their time and gain a deeper understanding of Safety Net Clinics and the profession of pharmacy. We are thrilled to have SOS represented in every class currently attending USC School of Pharmacy.

Last year, our signature program, SOS Cares, was able to access over 1.6 million dollars of free medication for our patients. This program leverages relationships with drug companies, patient assistance programs, and direct in-kind donations to provide costly medication that would otherwise be financially inaccessible to our patients and the Clinic.

Times are changing. Pharmacy is moving beyond dispensing to an active role on the patient centered health care team. We are committed to improving patient care and eliminating costly medication related problems.

## Reflections

This newsletter celebrates many wonderful activities at SOS, however, it is with a heavy heart that I write this note today. Jack Glaser, our beloved Board Member since 1987, passed away on January 19th of this year.

Jack has many claims to fame including the role of husband, father, grandfather, brother, friend, and a national leader in the field of healthcare ethics. He pursued life with such vibrancy and gentle love, that should you meet him, you would quickly hope he would call you his friend. His smile was genuine, his care without compromise, and his intellectual guidance was close to perfection.

In his closing days of life he gifted us by participating on our mission committee to assure that our core values of Dignity, Service, Justice, and Excellence are not only embedded in our organization, but how do we implement them daily. Jack did so everyday. He respected the dignity of every individual and no one was worthy or unworthy in his eyes. He lived the role of servant leadership and modeled it to all. Justice was not a word to Jack, it was a cornerstone of his life. Excellence in all the roles of his lives is witnessed today by his extraordinary wife and family.

We say goodbye to Jack and we honor him as his footprints are one of a most beautiful man.

As always you remain close to my heart,

*We are servants who provide care and assistance to those in need and act as advocates for systemic change.*

## Thank You

Thank you to all the following:

### Foundation and Community Support

- ♦ **Southern California Edison**, in support of the SOS Food Pantry.
- ♦ **Croul Family Foundation**, in support of the SOS Food Pantry.
- ♦ **Opus Community Foundation**, in support of SOS Social Services.
- ♦ **Susan G. Komen for the Cure**, in support of the SOS Medical Clinic Women's Health Initiative.
- ♦ **United Way of Orange County**, in support of the SOS Medical Clinic
- ♦ **Children's Commission of Orange County**, in support of the SOS – El Sol Wellness Center.
- ♦ **Tides Foundation**, in support of the SOS Medical Clinic.
- ♦ **Pacific Life Foundation**, in support of the SOS Dental Clinic



*Nancy Pierre-Paul, FNP-C, accepts two Susan G. Komen grant awards on behalf of the SOS Women's Health Initiative*

### Services Donors

- ♦ Coast Mailing for donating mailing costs
- ♦ David Ballard Electrical for electrical service
- ♦ Mesa Center Automotive for van maintenance
- ♦ Lab West for support of the SOS Clinic Lab

## Become a Pantry Partner!

Last year SOS provided 56,957 bags of food to clients in need of food assistance. This year we expect that number to grow. We are giving businesses or groups the opportunity to partner with SOS by holding a month long food drive to support the SOS Food Pantry. We will provide you with all the necessary resources to hold a food drive. The group that brings in the highest number of items will win 10 tickets to the 20th Annual SOS Wild & Crazy Taco Night held spring 2013. We invite you to join us by selecting a month in 2012 to hold a month long food drive. To become a Pantry Partner, please contact Carolyn Gregg at [cgregg@shareourselves.org](mailto:cgregg@shareourselves.org) or at 949-270-2131. We look forward to partnering with you to fight hunger in Orange County.

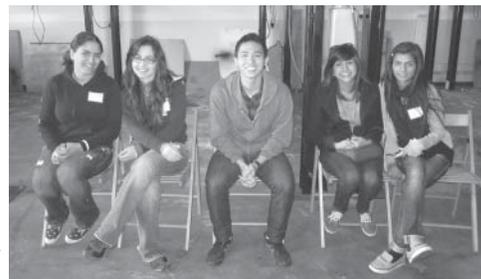


*Boxes of produce ready to be distributed in the SOS Food Pantry*

## Volunteer Corner

The holidays at SOS never cease to amaze – the activity level is through the roof as donations come in around every corner and the joy of giving fills the air. The holidays at SOS is a memorable place to be!

Did you know it took over 168 volunteers and 504 volunteer hours just to prepare and distribute our Thanksgiving food bags? Did you know volunteers logged over 2,600 hours to help 1,389 families get adopted during our Adopt a Family event? Did you know we tallied 96 volunteer hours to bring our Food Truck Rally Holiday event to our campus? Did you know regular volunteers provided over 1800 hours of service during the short month of December? And lastly, did you know that we welcomed 24 new clinic volunteers last month? Volunteers make it happen with smiles on their faces and gratefulness in their hearts. Thank you for all who gave, and continue to give their time and energy!



*Volunteers at the Car barn event helped raise 10K for SOS*

Our volunteer opportunities continue as we look ahead into this New Year. Please take a moment to consider how you might serve those who need us most. Are you good with people? Is administrative work more to your liking? Do you have just a few hours to give? Would you like to do an offsite project? Does a special event or committee appeal to you? It's easy to find a good fit at SOS!

Please contact Julie Larson – [jl Larson@shareourselves.org](mailto:jl Larson@shareourselves.org) OR 949-270-2113 to learn more about volunteer opportunities.

## Balance & Fall Prevention Seminar & Personal Hearing Screenings

SOS Volunteers - On February 29th (1:00pm), please join us for an informative seminar, provided by Providence Speech and Hearing Center. The seminar will help determine if you may be at risk of developing a balance disorder. The presentation will include exercises to help strengthen muscles associated with balance and a complimentary hearing screening with an Audiologist. Space is limited! Seminar and screening are for SOS Volunteers only. Please contact Kathleen Bruski at [kbruski@shareourselves.org](mailto:kbruski@shareourselves.org) or 949-270-2132.

## 21st Annual Celebrity Chef Dinner

On November 11, 2011, a talented group of Orange County's most generous chefs teamed up to prepare a fabulous five course dinner paired with specialty wines. The event was held at the beautiful Hilton Waterfront Beach Resort in Huntington Beach with a record of 370 guests in attendance! The evening included a silent auction and a live auction where the chefs offered exciting dining packages. For the third year in row, Yard House announced a special promotion during



*Jean Sweet, Dolores Solk and Jane Muslin enjoy the silent auction and reception*

dinner where guests could donate a minimum of \$25 to SOS, and the restaurant would provide the donor with a Yard House gift certificate for \$25 a month. This generous promotion brought in \$47,300 for Share Our Selves and a \$16,000 increase from 2010! The event netted over \$263,000 to support the SOS Food

Pantry. A huge thank you to our generous chefs, sponsors, Celebrity

Chef Dinner Committee & volunteers for making this event a tremendous success!

## 1st Annual Food Truck Rally & Christmas Carnival

Our 1st Annual Food Truck Rally & Christmas Carnival took place at SOS on December 8, 2011. This fun family event included 3 delicious Orange County gourmet food trucks: Adobo Express, Flavor Rush, and Panfiniti, gingerbread cookie decorating with cookies donated by French's Cupcake Bakery, face painting by



*Brianna and Lexi Jiminez enjoy the holiday craft station*



*Volunteer Kara Kraus & her nephew enjoy the food trucks*

ARTovator, live entertainment by Mark Wood, holiday crafts, carnival games, opportunity drawings, and photos with Santa and Mrs. Claus! The event raised funds to support SOS Social Services which provides food, clothing, emergency financial assistance, case management, special holiday programs, legal aid, education and training for homeless

and low-income Orange County residents. We would like to thank all of the donors, sponsors, volunteers, and guests for making this event possible and we can't wait until next year!

## SOS Board of Directors

### CHAIR

Dr. Gwyn Parry, Director, Community Medicine, Hoag Hospital  
 Sara Flores, Educator, El Sol Science and Arts Academy  
 Patricia Harrigan, SOS Volunteer  
 Ernest Klatte, III, Partner, Rutan & Tucker  
 Larry Kugelman, Retired President, The Health Plan of America  
 Kathy Lewis, Retired President, PSD, Western Digital Corp.  
 Marjoria Lopez, Volunteer, Senior Center of Costa Mesa  
 Gabriela Robles, Executive Director, St. Joseph Health System Foundation  
 Michael Stephens, Retired President, Hoag Hospital

### Thank You to Our Recently Retired Board Members

Mary Cappellini, Author, Educational Consultant  
 Jean Forbath, Founder, Share Our Selves  
 Dr. Jack Glaser, VP of Theology & Ethics, St. Joseph Health System  
 Doug Heller, CFO & Vice President of Finance, Anaheim Ducks  
 Michael Kang, Restaurateur  
 Juan Laguna, Attorney  
 Mike Lewis, Retired CFO, Collectors Universe  
 Sr. Suzanne Sassus, Senior Vice President, Sponsorship, St. Joseph Health System  
 Matthew Stewart, CEO, National Services Group  
 Timothy C. Tyson, Chairman and CEO, Aptuit, Inc.  
 Bob Warmington, President, Warmington Land Company  
 Ellen Wright, Retired Educator

### Ways to Benefit SOS

- ◆ Donate your vehicle. Download the form on our website.
- ◆ Renew & register your Ralphs card at [www.ralphs.com](http://www.ralphs.com) and use the SOS number 84538. Cards must be renewed as of September 1st.
- ◆ Register Vons grocery cards, credit or debit cards with eScrip at [www.escrip.com](http://www.escrip.com) and use the number 150239969.
- ◆ Make a donation in honor of someone's special day - consider donating a gift to SOS in honor of a special birthday, anniversary, wedding, or holiday.

For details, call Veronica Rodarte at SOS, 949-270-2142

# 42nd Annual SOS Adopt A Family Program

Thank you to the donors, volunteers, and community that made this program such a great success. This year we were able to deliver Christmas gifts and a bountiful meal to 1,389 families with over 4,402 children from 65 local schools. Our amazing volunteers put in over 2,645 hours over many months organizing this incredible community program. We sincerely appreciate the generosity of the many families, companies, and organizations that adopted families and held food and toy drives, as well as the numerous volunteers who worked tirelessly at the OC Fair & Event Center packing and sorting boxes of gifts and food.



Tables full of donated toys await their new homes



Thank you to our hardworking AAF Committee!

## Adopt A Family 2011 Highlights

- 1,389 Families Served
- 4,402 Children
- 2,793 Adults
- 65 Participating Schools
- 31 Number of Food & Toy Drives
- 491 Total Number of Donors
- 2,645 Total Volunteer Hours



Volunteers help donors unload presents and food from their cars



Boxes of food and fresh produce to be distributed to the families



Volunteers celebrate Christmas trees donated by a local lot

## One Family's Story

The Carrera family was referred to SOS after their teenage son was hospitalized with an undiagnosed illness. Mrs. Carrera spent so much time at the hospital, that she lost her job. The father, overwhelmed by the situation, left the family and stopped paying rent. They were evicted, and all of their possessions were lost. SOS adopted the family for the holidays, and helped link them to additional resources. They had a merry Christmas and were so grateful for all they received:

*Thank you so much for the presents you gave to my family. I really liked all my presents, especially the purse. You really helped us when we really needed it, thank you. My brothers and sisters really loved their presents too! Janet went crazy with her hello kitty things! And Roger with his bike, Emilio as well. Thank you again for the smiles you gave to us.*



## The following groups adopted 5+ families each - Thank you for your dedication to the Adopt A Family Program!

Anaheim Ducks & Honda Center, Baxter Healthcare, Robin and Linda Boyd, CVS Pharmacy, Harbor Day School, Hot Topic, Hyundai Motor America, Lincoln Elementary, LPA, Inc., Memorial Care Medical Group, Newport Harbor High School ASB, Orange Coast Universalist Unitarian Church, Our Lady of Mount Carmel, Pacific Sunwear, Panera Bread, Reliance Steel and Aluminum, Sares-Regis Group, St. John The Baptist Catholic Church, Taco Bell, The Pegasus School, Tilly's, United Health Care, Volt Workforce Solutions.

## A Special Thank You to the OC Fair & Event Center! Many Thanks for Extra Support:

Our Daily Bread, Better Rents, BUR Promotions, Penjoyan, Roosters, Pizza Hut Fullerton, Super Pollo



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## SAVE THE DATE...SAVE THE DATE

### 19th Annual Wild & Crazy Taco Night

Thursday, April 19, 2012

Share Our Selves

VIP Pre-Party: 4:30pm-5:30pm

General Event: 5:30pm-7:30pm

VIP Tickets: \$150 General: \$70



For more information, contact Elizabeth Evans at  
949-270-2137 • efevans@shareourselves.org  
www.shareourselves.org

## Wish List

The need for support continues all year. Here is how you can help:

- Winter coats, blankets, sleeping bags, socks
- Soft Toothbrushes and Dental Adhesives
- Baby Items - Clothing, food, and diapers in all sizes
- Birthday Boxes for Children
- Food - Merchants, our volunteers will pick up your donated food. Hold a food drive in your neighborhood (canned goods and dry goods)

A few wishes for our newly redesigned building!

- Large long break room table 110 - 120 in. long, 35 in. wide
- 3 XL planted trees in pots
- 4 industrial size matching trash cans
- 2 mountable safes
- 1 industrial size fan

For more information on donating any of the items above, please email [vontiveros@shareourselves.org](mailto:vontiveros@shareourselves.org).

## Calendar of Events

February 29	Balance & Fall Prevention Seminar and Personal Hearing Screening (For SOS Volunteers)
April 19	Wild & Crazy Taco Night
May 16	A-Team Onion Luncheon
August	Donor Appreciation Event
August	Star Team BBQ

For more information on these events, please contact Elizabeth Evans at 949-270-2137 or [efevans@shareourselves.org](mailto:efevans@shareourselves.org), or visit our website at [www.shareourselves.org](http://www.shareourselves.org).

## Go Green - Email Newsletter!



Go green and save SOS mailing costs! If you would like to receive newsletters and event invitations via email, please send an email to [efevans@shareourselves.org](mailto:efevans@shareourselves.org).