



SHARE OUR SELVES NEWS

Spring 2011
www.shareourselves.org

Dignity - A Core Value of SOS

Dignity. An innate right that every person has for respect and ethical treatment. The American Convention on Human Rights proclaimed, "Everyone has the right to have his honor respected and his dignity recognized." Everyone--no matter their ethnicity, socio-economic station, health, age, ability or disability.



SOS Redesign Team Meeting



Phase One of the redesign begins in Social Services. The floors and walls are taken out.

Dignity is a core value of Share Our Selves. It is the value that defines the SOS relationship with its clients, its patients, its volunteers, its contributors and the community. It is that sense of respect for our clients and patients that drives the redesign of Share Our Selves' main facility in Costa Mesa.

When anyone comes to SOS for care and assistance, SOS must do its best to make the physical space reflect the dignity with which we regard each person. Bright colors, beautiful art, wayfinding signage, ease of use—all these will be a reflection of the respect with which SOS treats its clients and patients.

SOS's partners in the redesign share these values. Over the next few months, the redesign project will cause disruptions for all who utilize this facility. However, our partners are doing their utmost to make that disruption as little as possible so that SOS can continue to serve those in need.



Thank you for your support of SOS. Thank you for sharing the SOS value of dignity for all.

Reflections

Hello and my late "welcome to spring". I find spring this year particularly beautiful thanks to all the rain that has renewed our dreary winter look. Speaking of renewing a dreary look I am extremely excited to announce the SOS Redesign Project that is the result of an innovative collaboration including TAYLOR, Hoag Hospital's REFCO Department, Suffolk-Roel, C.W. Driver and many other vendors and providers of goods and services to create a new SOS.

What this means is an SOS that is dedicated to providing an environment that is not only beautiful, but is warm, healing, and welcoming to our patients, clients, and donors. What is spectacular is the commitment of all those engaged in this effort who believe we should never compromise in providing for those who are vulnerable, marginalized, and poor. This new look will stand as a testimony to the belief that we can create harmony in our community. I, for one, believe we need this now more than ever.

Please visit the SOS Project website at www.taa1.com/sosproject/ to learn more and plan to celebrate with us when the project is completed.

Enjoy all your days and I keep you all in my thoughts,

We are servants who provide free care and assistance to those in need and act as advocates for systemic change.

Thank You

Thank you to all the following:

Foundation and Community Support

- ♦ **Sisters of St. Joseph Foundation**, in support of the SOS Free Medical Clinic
- ♦ **County of Orange / Tobacco Settlement Revenue**, in support of the SOS Free Medical Clinic
- ♦ **Lois Abbott, Linda Boyd, St. Joachim's school, UCI Association of Professional Women, and United Health Care** for donating Easter baskets stuffed with goodies. Over 350 baskets were given to our clients.



Beautiful Easter baskets filled and ready to be distributed

Services Donors

- ♦ Coast Mailing for donating mailing costs
- ♦ David Ballard Electrical for electrical service
- ♦ Mesa Center Automotive for van maintenance
- ♦ Lab West for support of the SOS Clinic Lab

Awards & Accolades



The SOS Asthma Initiative team receive the top prize in the research category for their poster presentation, Health Literacy and Clinical Pharmacy Services: A Seamless System of Care for Asthma Patients in a Safety net Clinic, at the

Institute for Healthcare Advancement's (IHA) 10th Annual Health Literacy Conference in Irvine.

SOS Employees Walk the Walk

A group of SOS staff have decided to put their money (not junk food) where their mouth is. Collectively they have organized a peer weight loss challenge. "I am incredibly proud of the courage and leadership that these employees have shown," said Dr. Margarita Pereyda, SOS Chief Medical Officer, "Completely on their own, this group has taken it upon themselves to serve as role models for other staff, patients and clients. Given the serious problems facing our nation with obesity and diabetes, it will take this type of peer support to truly make a change in how we view and encourage lifestyle changes." Together, the group has lost a total of 66.2 pounds. Keep it up team!

Volunteer Corner

Did you know that volunteerism is one of the core values of SOS? Volunteers are the foundation from which this organization was built and are the reason we are able to do what we do!



Wild & Crazy Taco Night volunteers Aneesh Sinha, Nishiitha Reddy and Elizabeth Renteria

A special thank you goes out this month to our visiting volunteers and those who help with our special events. It took over 185 volunteers to make our Wild & Crazy Taco Night the best ever – 30 committee members, 28 chefs and their staff, and 83 volunteers the day of the event (including 24 from the Orange County Parrotheads!) Your enthusiasm and commitment set the stage for an amazing evening! An additional thank you goes out to the members of the SOS Club at Newport Harbor High School – many of whom gave up time at the beach during spring break to pack groceries and work in our food warehouse.

Summer provides many volunteer opportunities. As our regular volunteers head out on summer vacations, they leave spots to be filled by students (age 14 and older) who are looking to log in some hours of community service. Also, volunteers (ages 18 and older) will be needed on August 10th to collect and sort Back to School items. Additional help will be needed onsite after the 10th to sort and stuff backpacks for the children we serve at SOS.

As a reminder, we are still in great need of volunteer drivers to pick up food from local merchants (2 hours per week) and volunteer gardeners to help tend to our demonstration garden (1 hour/week). If you've been thinking about helping out, now would be the perfect time!!

For more information or to make arrangements to volunteer, please contact Julie Larson at jl Larson@shareourselves.org.

Remembering Dr. Nielsen

Farewell to our dear friend Dr. Nina Nielsen an Endodontist (Root-canal Specialist) in Irvine. She passed away on January 15, 2011 without warning. Dr. Nielsen was a generous provider who contributed her talents and expertise to the SOS Dental Clinic and the most vulnerable of Orange County. For 24 years she performed root-canals pro-bono on the working poor, homeless and those in need with respect and dignity. Dr. Nielsen will always be remembered. God Bless.

18th Annual Wild & Crazy Taco Night

With 28 chefs and 650 guests, Share Our Selves' 18th Annual Wild & Crazy Taco Night on Thursday, April 28th, at Halecrest Swim & Tennis Club, was a delicious success! Orange County's finest chefs lent their amazing culinary talents to this community event which raised \$34,890 to support the SOS Orange Aid Project – helping feed OC residents at risk of going hungry. The event was as wild



Chef Louie Jocson serves up buffalo brisket barbacoa tacos

& crazy as ever! Guests mingled between the chef stations and bars – enjoying all of the unique tacos, lively chefs and mariachi band.

Thank you to all of the chefs, sponsors and committee who made the event possible!

Participating Chefs

Nelson Barillas

(The Catch), Franco Barone (Il Barone), Bill Bracken & Michael Owens (Island Hotel), Paul Buchanan (Primal Alchemy Catering), Victor Cabral (Orange Hill Restaurant), Ivan Calderon & Javier Zambrano (Taco Rosa/Taco Mesa), Lynne Anthony Campbell (The Quiet Woman), Mark Cleveland & Tanya Fuqua (Avanti Café), David Coplin (Chef David's Catering), Yves Fournier (Andre's Conscious Cuisine), Manny Gonzales (TAPS Fish House & Brewery), Mark Gagnon (Newport Beach Plaza), Alan Greeley (The Golden Truffle), Scott Green (Salt Creek Grille), Carlito Jocson (Yard House), Louie Jocson & Bert Agor (F & f Concepts, Red Table Restaurants LLC), Rachel Klemek (Blackmarket Bakery), Jason Kordas (Jason's Catered Events), Rich Mead (Canyon & Sage restaurants), Alessandro Pirozzi (Cucina Alessá), Ted Rodriguez (Flavor Rush Food Truck) & Susanne Michele (Sweet Art), Deborah Schneider (Sol Cocina), Marco Zapien (Melissa's Produce)

Orange Aid Sponsors

Premiere Sponsor - Taco Bell Corporation; **Master Chef** - Hoag Memorial Hospital Presbyterian; **Executive Chef** – Rutan & Tucker, LLP; Head Chef – Anne Cress, Anonymous, The Frome Family, Matt & Jill Stewart, George Hoag Family Foundation – Michael Stephens Board Member; **Sommelier** – Jay Lichman & Hennie Sondel; **Le Pâtissier** – Christopher L. Blank, Robert & Ursula Hoshaw, Link, Murrell & Company, Mick Manzi, M.D – Orange Coast Eye Center, Z & P Investment Services

Event Sponsors

Andy Templeton Photography, BC Display & Signage, Burns & Associates, Chateau Montelena, Classic Party Rentals, Coast Mailing Service, David Ballard Electrical, Hi Times Wine Cellars, Karl Strauss Brewing Company, Melissa's Produce, Nespresso, OC Custom Wine, Sparkletts Water, TAPS Fish House & Brewery, The Patrón Spirits Co., Tres Sietes Tequila, Yard House

Leaving a Legacy

SOS transforms individual lives and is critical to sustaining a quality of life for all Orange County residents. SOS has a 40 year legacy of helping those in need, of people sharing of themselves. You can sustain that legacy by including SOS in your estate—creating a legacy of your own. To learn more about how you can be a member of the SOS Legacy Society, please call the development office at 949-270-2131, or email jkappel@shareourselves.org.



Committee members Barbara Ellerbrock and Mary Moyer



Sponsor Christopher Blank and Kathleen Goldberg

SOS Board of Directors

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Ways to Benefit SOS

- ♦ Donate your vehicle. Download the form on our website.
- ♦ Renew & register your Ralphs card at www.ralphs.com and use the SOS number 84538.
- ♦ Register Vons grocery cards, credit or debit cards with eScrip at www.escrip.com and use the number 150239969.
- ♦ Recycle your old cell phones, laptops, media players and toner cartridges
- ♦ Make a donation in honor of someone's special day - consider donating a gift to SOS in honor of a special birthday, anniversary, wedding, or holiday.

For details, call Veronica Rodarte at SOS, 949-270-2142



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SAVE THE DATE...SAVE THE DATE

Back to School Program

August

Volunteers are needed to stuff backpacks and sort supplies. Scouts, church groups and other community organizations are welcome. It's a great way for high school students to collect community service hours! For information on volunteering please contact Julie Larson, at jl Larson@shareourselves.org.

Wish List

The need for support continues all year. Here is how you can help:

- Soft Toothbrushes and Dental Adhesives
- Baby Items - Clothing, food, and diapers in all sizes
- Birthday Boxes for Children, Hygiene Kits
- Backpacks and school supplies
- Children's books and new toys for waiting room at SOS-El Sol Wellness Center
- Food - merchants, our volunteers will pick up your donated food. Hold a food drive in your neighborhood.

A few wishes for our newly redesigned building!

- Refrigerator - 36 in. wide, 32 in. deep, 68 in. tall
- Large long break room table 110 - 120 in. long, 35 in. wide
- Small radio
- 4 XL planted trees in pots
- 4 industrial size matching trash cans
- 2 mountable safes
- Beverage vending machine

For more information on donating any of the items above, please email vontiveros@shareourselves.org

Calendar of Events

August	Annual Star Team BBQ
August	Donor Appreciation Event
November	Thanksgiving Food Drive

For more information on these events, please contact Elizabeth Evans at 949-270-2137 or efevans@shareourselves.org, or visit our website at www.shareourselves.org.

Go Green - Email Newsletter!



Go green and save SOS mailing costs! If you would like to receive newsletters and event invitations via email, please send an email to efevans@shareourselves.org.